

Los Medanos Community Health Care District
Health and Wellness Funding Program Guidelines
Part I

Announcement of Opportunity

The Los Medanos Community Healthcare District (“District” or “LMCHD”) invites proposals for its Health and Wellness Funding Program. In accordance with the District's mission and 2010 strategic plan, this funding program supports qualified nonprofit and governmental agencies making positive impacts on community health.

The application must be submitted to the District in both electronic AND hard copy forms by Monday, June 21, 2010 at 3 PM. The electronic version of the application must be submitted via email through the LMCHD website, or on a flashdrive or CD-ROM. In addition, ten (10) paper copies of the application must be time-stamped received in the District office by the 3 PM deadline.

A community's health care needs are served by a broad array of health-related programs and initiatives such as direct health services and wellness programs, community-based clinics, health provider education, and programs and organizations that promote preventative and public health activity, for special needs among people, particularly those suffering from health disparities.

Funding opportunities will be available to organizations whose activities improve residents' health within one or more focus areas of the District's strategic plan.

- **Goal One.** LMCHD will improve availability of and **access to direct health and mental health services** for all residents of the District, with a focus on **reducing the District's health disparities.**
- **Goal Two.** LMCHD will **support preventative and public health efforts** that promote and protect the personal, community, and environmental well-being and health of District residents.
- **Goal Three.** LMCHD will engage in **population-specific efforts** to address those District residents that are historically **underserved or particularly impacted by health disparities.**
- **Goal Four.** LMCHD will support health **research and educational programming** that moves the Los Medanos community towards improved and innovative practices, ensures that healthcare professionals receive the best training, and further enhances service delivery to District residents.

Projects may focus on prevention, education, direct services, supportive services, and any other activities that affect the healthy well-being of District residents and communities. A

map of the district is attached as Appendix A. The LMCHD will provide assistance only for health care programs, services, facilities and activities that benefit district residents.

Comparison to Interim Extension Funding Process

Prior to the release of this announcement, LMCHD provided some short-term funding to sustain programs that had received District funds during the 2009-10 fiscal year. Unlike the funds made available to those programs, funding awarded under the Health and Wellness Funding Program will be available to all qualified entities that provide services within the District's boundaries. There is no requirement that an applicant have received funds from the District in the past. Past funding recipients will be required to satisfy all reporting and other outstanding obligations as a threshold criteria, and any award of funds will be conditioned upon receipt of a timely, satisfactory final report concerning uses of interim extension funds.

Relationship to Prior District Funding Processes

In the past, the LMCHD used District funds in one of three ways to promote health outcomes:

- District-direct programs. LMCHD has incorporated certain program activities into its annual budget and directly overseen their implementation. District- direct programs include: (1) Student Eye Glasses Program; (2) Community Garden; (3) Fitfest; and (4) a defibrillator program.
- Collaborative Action Grants or Collaborative Efforts. LMCHD has also funded programs that it co-leads with community entities. These include: (1) LMC Nursing Program; (2) New Kids; (3) Senior Helpline Services; (4) The Eddie Hart All-in-One Foundation; (5) Sutter-Delta; and (6) John Muir Health
- Project Grants. LMCHD has also provided grants to organizations in the community for programs that are operated with less direct involvement by the District including: (1) Community Health Empowerment; (2) Stoneman Village I & II; (3) City of Pittsburg, the Reading Zone; (4) Pittsburg Unified School District Adult Education; (5) STAND! Against Domestic Violence; (6) Contra Costa/Solano Food Bank; (7) Meals on Wheels; (8) First Baptist Head Start; and (9) Get Fit.

Under the Health and Wellness Funding Program, LMCHD will consolidate Collaborative Efforts and Grant projects into a single program governed by a single set of rules. District-direct programs will continue to receive funding through LMCHD budget line items or through contractual relationships as before.

Amount, Duration, and Restrictions of Funding Awards

- **Two-year awards** will be made starting July 2010. The District reserves the right to reduce an award after one year if the recipient does not demonstrate compliance with contract or program requirements (including progress towards approved outcomes) in a timely annual progress report.
- **Applicants** may request **no less** than a **minimum** of \$5,000 per year.

- In general, recipients may only have one outstanding award at a time. Multiple projects sponsored by large-sized entities may apply and LMCHD will decide whether more than one award will be made to that recipient.
- Recipients may use **up to 15%** of the award towards **administrative costs**.

Historically, the District's funded relationships **have ranged from a few thousand dollars up to \$80,000 or more, depending upon project size and scope**. The amount available for a particular award will vary depending upon many factors including the District's overall budget, the amount requested for the proposed program, the applicant's organizational budget and the project's impact on residents' health.