

**Los Medanos Community Health Care District**  
**Health and Wellness Funding Program Guidelines**

**Part II**

Use of Health and Wellness Funding

The Health and Wellness Funding Program can finance the launch of a new project or the expansion of an existing project. The District is particularly interested in projects that can successfully leverage District funds to attract other sources of funding. The Health and Wellness Funding Program will consider requests for support as follows:

| <b>Type of Project</b>   | <b>Sample Types of Support</b>   |
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| <b>Direct health and mental health services</b>  | <ul style="list-style-type: none"> <li>• Optical</li> <li>• Dental</li> <li>• Behavioral and Mental Health Services</li> <li>• Substance Abuse Treatment</li> </ul>  |
| <b>Preventative &amp; Public Health Services; Health and Social Behavior; Environmental Health</b> | <ul style="list-style-type: none"> <li>• Domestic Violence Education</li> <li>• Violence Prevention</li> <li>• Nutrition Services               <ul style="list-style-type: none"> <li>○ Diabetes Prevention</li> <li>○ Heart Health Education</li> </ul> </li> <li>• Physical Wellness, Fitness, and Education Programs</li> <li>• Obesity Prevention</li> <li>• Alcohol and Drug Use Education</li> <li>• Community Garden and Related Activities</li> <li>• Health Screenings</li> <li>• Immunizations</li> <li>• Smoking Cessation Education</li> <li>• Protection/Education Against Environmental Health Hazards               <ul style="list-style-type: none"> <li>○ Air quality, water quality</li> </ul> </li> </ul> |

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| <p><b>Population-specific efforts</b></p>          | <ul style="list-style-type: none"> <li>• Senior Citizens</li> <li>• Developmentally Disabled</li> <li>• Mothers &amp; Mothers-to-be</li> <li>• Children and At Risk Youth</li> <li>• Homeless</li> <li>• Immigrants, low-income, or uninsured residents</li> </ul>  |
| <p><b>Research and educational programming</b></p> | <ul style="list-style-type: none"> <li>• CPR/AED/First Aid</li> <li>• Nursing programs and allied health programs</li> <li>• Public Health and Health Disparities Education and Research</li> <li>• Trainings for healthcare providers that assist vulnerable or underserved populations within the district</li> <li>• Special healthcare district-related training/conferences</li> </ul> |

Funding Restrictions

The District will NOT support the following:

- Individuals
- For-profit organizations
- Endowment campaigns
- Retirement of debt
- Medical, scientific or non-applied research
- Capital campaigns or building improvements
- Overhead or administrative costs not directly related to a proposed project
- Annual campaigns, fundraising events or expenses related to fundraising
- Programs that proselytize or promote any particular religion or sect, or deny services to potential beneficiaries based upon religious beliefs
- Expenses related to lobbying public officials
- Political campaigns or other partisan political activities
- Any activity outside the LMCHD geographical boundaries

Projects that fall outside the District's guidelines will be reviewed on a case-by-case basis.