



**Los Medanos Health Care District
2011-2016 Strategic Plan**

Goals and Outcomes

Goal 1: LMCHD will improve availability of and access to direct health and mental health services for all residents of the District, with a focus on reducing the District's health disparities.

Outcomes:

1. District residents have improved access to direct health and mental health services.
2. District residents will experience a reduction in health disparities including those in diabetes, childhood obesity, and heart disease.
3. A stronger network of health care assistance is in place, supporting a reduction in health disparities. This is measured by LMCHD increasing collaboration with appropriate organizations and establishing workplans to launch and sustain new and existing programs.

Goal 2: LMCHD will support preventative and public health efforts that promote and protect the personal, community, and environmental well-being and health of District residents.

Outcomes:

1. LMCHD supports preventative and public health efforts taking place in the community which will be measured by:
 - a. A commitment of its Health and Wellness funding to support preventative and public health efforts.
 - b. The LMCHD Board and Staff actively participating in health-related community-sponsored events.
2. District residents have increased access to healthy foods and education regarding nutrition practices to increase wellness and prevent obesity and other related diseases.

Goal 3: LMCHD will engage in population-specific efforts to address the needs of those residents in the District that are historically underserved or particularly impacted by health disparities.

Outcomes:

1. District residents that are underserved or particularly impacted by health disparities experience increased access to health care and health education.

2. Access to health care needs is improved for:
 - a. Low-income, homeless, and at-risk individuals
 - b. Youth
 - c. Families
 - d. African-Americans
 - e. Latinos
 - f. Other underserved populations

Goal 4: LMCHD supports research and educational programming that moves the Los Medanos community towards improved and innovative practices, ensures that healthcare professionals receive the best training, and further enhances service delivery to District residents.

Outcomes:

1. District residents experience enhanced service delivery due to implemented innovative practices including:
 - a. More accessible healthcare
 - b. More direct and immediate healthcare
 - c. More cost-efficient healthcare
2. Community healthcare professionals have increased access to better training and information.
3. Schools within the District will have increased access to dental services and nutrition services for their students.
4. LMCHD Board Members and Staff will be aware of current healthcare trends and health issues that affect District residents, which will be measured by:
 - a. Meetings attended by Board members and Staff at statewide peer-level associations, including the Special District Institute, the Special District and Local Government Institute Seminar, and the Association of California Healthcare Districts.

Goal 5: LMCHD will work through the Board of Directors and Staff to establish solid, sustainable agency infrastructure components guided by fair and ethical governing principles and fiscally sound policies to ensure sufficient resources to achieve LMCHD's vision, mission, and strategic plan.

Outcomes:

1. LMCHD will have fair, transparent, and cost-effective policies that allow for the community to have greater access to health resources evidenced by:
 - a. An adopted and implemented Policies and Procedures manual
 - b. An adopted and implemented Operations manual for Board members and Staff.
 - c. A Strategic Plan review which occurs annually to review progress on outcomes.
 - d. Annual Board and Staff performance reviews based on adopted procedures
 - e. Reviewed building lease, mortgage, and other financial terms which are renegotiated as needed.
2. LMCHD will have developed outcome targets for the goals identified in this strategic plan.