

MINUTES
LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT
Board Meeting

Monday, May 12, 2008
6:30p.m. – LMCHD Board Room

1. Call to Order

The meeting of the Los Medanos Community Healthcare District was called to order by President Eva Vera at 6:35 p.m.

2. Roll Call

Present: Eva Vera, President
Marilyn Condit, Vice President
Joe Rubi, Treasurer
J. Vern Cromartie, Secretary (arrived 6:40 p.m.)

Absent: Jess Reyes

Also Present: Colin Coffey, Attorney
Barbara Kee, Recording Secretary

3. Approval of Minutes of the Board Meeting of April 14, 2008 – Action #080501

A motion was made by Director Condit, seconded by Director Vera, to approve the minutes of April 14, 2008. The motion was approved by the following vote:

Ayes: Directors Rubi, Condit, Vera, Cromartie
Noes: None
Absent: Director Reyes

4. Public Comments

Mike Lengyl, member of the public, addressed the Board and urged the Board to continue its good work.

5. Financial Report

- April 2008 - Action #080502

Director Rubi stated that he would reserve some comments regarding the Financial Report until a Board meeting on Friday, May 16.

The subject of property tax revenue was discussed, and it was requested that the CPA provide a report outlining anticipated revenues from the County for the balance of this fiscal year.

A motion was made by Director Condit, seconded by Director Vera, to approve the Financial Report for April 2008. The motion was approved by the following vote:

Ayes: Directors Condit, Vera, Cromartie

Noes: Director Rubi

Absent: Director Reyes

- **Resolution Authorizing Investment of Monies in the Local Agency Investment Fund – Action #080503**

Director Rubi reported that the LAIF program is a guaranteed investment program controlled by the State of California and utilized by other healthcare districts and public agencies. Signatures of the President, Vice President, and Treasurer are required to implement the resolution and open the investment account. The Board needs to determine how much money it can invest in the program.

Arlene Mose, CPA, responded to questions by the Board regarding the anticipated rate of return from this investment.

A motion was made by Director Condit, seconded by Director Rubi, to adopt the Resolution Authorizing Investment of Monies in the Local Agency Investment Fund, and designate the President, Vice President and Treasurer as authorized signers on the investment fund. The motion was adopted by the following vote:

Ayes: Directors Rubi, Condit, Vera, Cromartie

Noes: None

Absent: Director Reyes

6. Fit Fest Report - Sandi Mauricio

In the absence of the Event Coordinator, Director Condit offered to present a report. The total expenditure for the event this year totaled approximately \$20,000. Although there were logistical issues, the turnout was between 1,500 and 2,000 people, and overall, the participation was very good and the activities varied. She announced a post-Fit Fest meeting on Wednesday, May 21.

7. Fall Prevention Partnership Proposal – Dr. Deborah Card

Dr. Card, an RN with Public Health Services and resident of Pittsburg, addressed the Board and introduced Nhang Wong and Elaine Welch who work with Senior Helpline Services. Dr. Card reported that falls are the leading cause of accidental injury deaths among Contra Costa Residents age 65 and over. When they first began working on this project, one of the first community partners who contacted them was the Emergency Medical Service, and it was agreed that there needed to be more education, Senior Helpline services agreed that they would like LMCHD to partner with them in this process.

Nhang Wong reported that the program was started approximately ten months ago when six people representing County agencies, as well as John Muir Hospital, met and began research as to what fall prevention programs were available in the community. They learned that it wasn't enough to have only one or two agencies working on fall prevention because this is a complex issue and requires a host of services, including fall assessment, medication management and exercise. To develop this coalition, they recently secured funding from the John Muir Foundation and they are in the process of hiring a full-time coordinator. They would like to develop a steering committee and invite members of the LMCHD Board to be a part of this committee and a part of the fall prevention coalition. They would also hope the Board would support a home safety program and enhancement of transportation services.

Elaine Welch, RN and Executive Director of Senior Helpline Services, referred to information included with the Board materials providing a description of services. She reported that they are a 501(c)(3) organization with a mission to help seniors in Contra Costa County age in place. The main focus is preventive care and to keep seniors from frequenting emergency rooms. She distributed information outlining major issues facing the senior population, as well as required resources to improve the lives of seniors. She discussed existing programs: 1) Reassurance Phone Friends, and 2) Rides for Seniors. In June, it is planned to implement a home safety Fall Prevention Program to tie into these two programs. Under this program, safety features, such as a night lights, touch lights and smoke detector batteries will be installed in the homes as needed. Their goal is to build this pilot program in Pittsburg and Bay Point, and then take what they build to other communities in Contra Costa County. Ms. Welch stated that their main goal in partnering with LMCHD is to receive assistance with bringing in volunteers to help implement the fall prevention program. They would also be requesting some financial assistance.

The Board offered possible suggestions for obtaining volunteers, including social work trainees and faith based communities.

Following additional discussion, it was the consensus of the Board to request continuance of this proposal for possible action at its June 9 Board Meeting.

8. New Kids Program – Charlotte Dickson

Ms. Dickson addressed the Board and referenced a Memorandum of Understanding requested by their organization for execution by LMCHD. The Board authorized funding for the New Kids Program at its October 2007 Board Meeting. Therefore, the Board is not required to take action this evening, and needs only to execute the Memorandum of Understanding.

Ms. Dickson provided an update of the program, stating that the program has moved from the District Board Room location to Stoneman Elementary due to the large number of program participants.

9. Ad hoc Committee Recommendations Re: CEO/Executive Director Position and Process for Recruitment – Action #070904

Director Cromartie reported that the Committee has not yet met with Mt. Diablo Healthcare District and there is no action to report.

Following a discussion concerning recruitment efforts to find a part-time CEO to represent LMCHD, a motion was made by Director Condit, seconded by Director Rubi, to request the Ad hoc Committee meet to redraft the job specification to eliminate the prerequisite criteria for MSW; and assign Director/President Vera, Attorney Coffey, and Secretary Barbara Kee to contact the School of Public Health at Berkeley and/or East Bay and to contact Mt. Diablo Healthcare District to request a representative attend the next regular Board meeting to discuss a possible joint-CEO/Executive Director position. The motion was approved by the following vote:

Ayes: Directors Rubi, Condit, Vera

Noes: Director Cromartie

Absent: Director Reyes

10. Board Comments

- **Special District Local Government Institute Seminar, June 26-27** – This item will be considered for action at a Special Meeting of the Board on Friday, May 16.

11. Adjournment

There being no further business to come before the Board in Open Session, the meeting was adjourned at 8:35 p.m.

Respectfully submitted,

Barbara Kee
Board Recording Secretary