

MINUTES
BOARD OF DIRECTORS STUDY SESSION

LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT

TUESDAY, NOVEMBER 29, 2011
6:30 P.M. - BOARD ROOM

1. CALL TO ORDER

The meeting of the Los Medanos Community Healthcare District was called to order by Vice President Condit at 6:30 P.M

2. ROLL CALL

Present: Marilyn Condit, Vice President
Linda Strong, Secretary
Eva Vera, Treasurer
J. Vern Cromartie, Board Member

Absent: Darnell Turner, President

Also Present: Bobbi Palmer, Executive Director
Barbara Kee, Recording Secretary
Jay Lee, Home Base
Cynthia Nagendra, Home Base

3. Strategic Plan Implementation: Needs Assessment & Performance Outcomes – Review Local Best Practices and Models

Jay Lee of Home Base reviewed the discussion that took place at the previous Study Session on October 31, 2011. Subsequent to that Study Session, Home Base conducted a review of collected data, and in an attempt to not duplicate efforts, researched existing similar efforts in the community, such as the Community Health Clinic Consortium and the Dental Collaborative. He distributed information pertaining to LMCHD's Strategic Plan goals and proposed outcomes, information regarding the Community Health Clinic Consortium and Dental Collaborative program, as well as sources of data.

Cynthia Nagendra pointed out that using the framework of the Strategic Plan and the District's mission to identify and find solutions to community health disparities, it needs to be determined what role LMCHD will play regarding how its mission might be accomplished.

Jay Lee advised that Home Base has been working with such agencies Contra Costa County Health Services and John Muir to collect data for various programs with similar goals. He commented that he believes it is important for LMCHD to clarify its role to the community and its residents and to determine where it would choose to invest its resources.

Board members and staff agreed that the District needs to determine how to engage various agencies to do the work, and how it chooses to represent itself as a stakeholder.

Board members discussed the information presented, and suggested that it would be advantageous to focus only one or two subject matters, keeping in mind prevention measures for the major identified community health issues, such as heart disease prevention through smoking cessation.

Ms. Nagendra suggested that it would be important to identify current available resources and which health areas residents are being under-served, and then determine how the District can provide the most support. Once established, this might be incorporated into the next District grant cycle.

Board members agreed that it is important for the District to reach out to organizations that need help and discussed ideas to receive input regarding the needs, pointing out that this has not always been successful in the past. Members of the Board discussed additional possible outreach resources to invite to a community meeting. It was pointed out that it is important for the District to implement what comes out of community input and needs assessment.

Executive Director Palmer shared discussions regarding outreach strategies during her attendance at a previous AAHE meeting. She discussed ideas from her attendance to a recently-attended Women's Health Summit.

Ms. Nagendra discussed the role of the Community Clinic Consortium, and suggested this might be a good resource to begin its outreach efforts and community engagement and to determine where the health gaps are.

Mr. Lee suggested that it is important to establish concrete goals on what the District wants to accomplish. Board members agreed that it is also important to get the word out about the District's presence in the community and what it does.

The Executive Director discussed the idea of multi-disciplinary team activity and how the District might become involved to interact with other County services to share information. Members of the Board stressed the importance of inviting County representatives be invited to attend the District's monthly REAL Committee.

Next steps: Home Base will contact the Community Clinic Consortium and obtain suggestions the best way in which to set up meetings. They will also contact the County and discuss suggestions on how to begin collecting data. Following these meetings, it is suggested that the Board meet to discuss how to schedule community meetings.

4. Public Comments – None

5. Adjournment

There being no further business to discuss at the Board Study Session, the meeting was adjourned at 8:00 p.m.

Barbara Kee
Board Recording Secretary

Linda Strong
Board Secretary