

MINUTES
REGULAR BOARD MEETING
LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT
Monday, April 12, 2021
7:00 p.m. – Via Zoom

1. CALL TO ORDER/ ROLL CALL

The meeting was called to order at 7:05 pm.

Roll Call

Present: Directors: Young, Strong, Fountain, Mason, Marsh

Absent: None

2. PLEDGE OF ALLEGIANCE

Director Fountain led in the Pledge of Allegiance.

3. LMCHD MISSION: *LMCHD identifies health disparities among District residents and contributes to solutions* – LMCHD VISION: *LMCHD is cultivating a community in which good health may flourish for all District residents* – Director Linda Strong read the Mission Statement.

4. PUBLIC COMMENTS – Non-Agenda Items (3 minutes/individual) – No public comments.

5. SPECIAL PRESENTATIONS

5.1 Pittsburg-Bay Point Community Coalition – PowerPoint Presentation by Jaime Rich

A guest speaker presented a slide in regards, to the community substance and drug use in the Pittsburg and Bay Point area. The studies and research show that drinking, smoking and youth prescriptions are the common usage in the community. The organization is a non-profit in Concord, that is founded by Contra Costa County, to help navigate and limit the use. The team interviews on zoom, gathering details on where the distributions are coming from, and coming up with solutions to stop the spread. Furthermore, there are meetings every Thursday on zoom in the morning to discuss things such as location access, popular communities and ways to prevent underage drinking and marijuana usage. The main key components that would help our community, is for more identification checks, minimizing the attractiveness of these substances and to have stricter cannabis vendors.

Items listed under the Consent Calendar include reviewed reports and recommendations and are acted upon by one motion of the Board. Any item included under the Consent Calendar may be pulled for discussion and action separate from the Consent Calendar by any member of the Board or any member of the audience.

6. CONSENT CALENDAR - Action No. 210117

- 6.1 Minutes – Regular Meeting of March 8, 2021
- 6.2 Minutes – Special Meeting of March 30, 2021
- 6.3 Minutes – Special Meeting of April 7, 2021
- 6.4 Resolution adjustment for the Garden Budget
- 6.5 Resolution adjustment for the AED equipment
- 6.6 Receive and File - Financial Report
 - Profit and Loss for July through February 2021
 - Budget vs. Actual July through February 2021
 - Balance Sheet as of February 2021
 - Credit Card Charges – February 2021
 - Cash Disbursements February 2021
 - Current Financial Statistics

A motion was made to amend the consent calendar by Director Mason and seconded by Director Strong, to pull 6.1 and 6.6 due to Director Strong requesting changes and approve all other consent items.

The motion was approved by the following vote:

AYES: Directors: Mason, Young, Strong, Fountain, Marsh NOES: Directors: None
ABSTAIN: Directors: None
ABSENT: Directors: None

The minutes in 6.1 were requested to be updated as follows:

- A) Modify Director Marsh’s arrival during roll call to 7:10pm and not Absent.
- B) Make capitalization corrections to the word “Director” when referring to Director Strong’s name in the minute recordings.
- C) Make capitalization corrections to the title “Sports and Fitness for Kids”
- D) Update and make corrections to the way Executive Director Thorpe is referenced in the minutes. (The Suggested Future Agenda Items section) Advised to show respect and reference in the minutes to Mr. Thorpe as “Executive Director Lamar Thorpe or Lamar Thorpe only.”

A motion was made by Director Mason to approve 6.1 with the corrections, seconded by Director Marsh.

The motion was approved by the following vote:

AYES: Directors: Mason, Young, Strong, Fountain, Marsh NOES: Directors: None
ABSTAIN: Directors: None
ABSENT: Directors: None

A motion was made by Director Strong and seconded by Director Fountain, to pull/postpone 6.6 until the next meeting, due to Director Strong not getting the Financial report printed in her packet.

The motion was approved by the following vote:

AYES: Directors: Mason, Young, Strong, Fountain, Marsh NOES: Directors: None

ABSTAIN: Directors: None

ABSENT: Directors: None

7. REGULAR AGENDA AND ACTION ITEMS

7.1 Health & Wellness Grants Updates – Lucretia Shaw

The Board was provided a timeline and updates for the 2021 summer and fall grant programs. A calendar was displayed which showed all upcoming events and supporting documents for the bidder's conference deadlines and applications. The documents are all available on the One drive. Director Marsh requested to review the applications prior to the next meeting. Furthermore, Lucretia will be sending a link to the Board Directors to review all applications. The final reports will be in September of 2021 and the approval will take place in October.

7.2 Grants requisition updates to provide/discuss staff direction – Lamar Thorpe

A power point presentation was presented to show the different areas of grants that are offered. The presentation outlined several levels of grants including the pro's and con's when applying. In conclusion The Board decided that they would like to stay in the scope of what Los Medanos budget offers. The area that would benefit and have a wide range of opportunity, currently is the garden. The Executive Director received direction to look into budgets for garden grants and include Jasmine Cisneros.

8. EXECUTIVE DIRECTOR REPORT

The Executive Director Lamar Thorpe requested to share his screen to provide and display his current updates. He advised that ACHD is requesting letter support for telehealth, Concord passed coronavirus Hazard pay and ACHD thinks it's not a good idea. The district is undergoing the dissolution and he will be speaking at the community hearing at 1:30pm on 4/14/21. The staff is preparing for the audit, the garden is open, the county has odd hours, in result the staff is currently preparing schedules to return to the office. The Real committee is preparing policy and vacation changes, Craig is working on budget changes.

The barn is open from 8am to noon on Monday through Friday. A recorded film for Earth Day was in production through Contra Costa County, in which Jasmine Cisneros was able to be apart of. The community garden was also recognized with St. Mary's for a food panel. The programs and outreach updates are posted on social media and all coronavirus updates. An opportunity is available to update the weekly newsletter and the Kaiser partnership is still underway.

9. BOARD AND COMMITTEE REPORTS – None

10. UPCOMING PUBLIC, COMMUNITY AND CIVIC EVENTS

Director Marsh updated the Board and Staff about two upcoming events that will be held via zoom. The flyers were posted on the Los Medanos website to spread awareness as well.

- Join PACT for Paying For College 4/22 6:00pm
- Join PACT for Investing 4/29 6:00pm

11. SUGGESTED FUTURE AGENDA ITEMS – None

12. ADJOURNMENT

There being no further business to come before the Board, the meeting was adjourned at 8:51pm.