

## Press Release

Contra Costa African-American, pregnant and breastfeeding mothers and expectant fathers, grandparents and siblings are invited to a "Drive-thru Community Baby Shower" Saturday, August 29, 2020. Zoom celebration from 10:00 a.m. to 12 p.m. followed by Shower Drive-thru from 12 - 2 pm.

Program with free food, health and education resource tables and incentives sponsored by Los Medanos Community Healthcare District.

A More Excellent Way Health Organization is inviting African-American pregnant & breastfeeding women and expectant fathers to the Virtual and Drive-Thru "More Excellent Way Community Baby Shower" August 29, 2020. Zoom celebration from 10:00 a.m. to 12 p.m. at the Pittsburg Health Center, 2311 Loveridge Road, Fairfield, CA, 94565 during National Black Breastfeeding Week.

This event, hosted this year by Word of Faith Christian Center and generously funded by Los Medanos Community Healthcare District is free of charge, and will include Zoom health and education workshops, a drive-thru health and resource fair, incentives, and free food. The baby shower will assist the couples in accessing prenatal, safety supplies and other health care services.

Black babies die at twice the rate of other babies before they reach their first birthday. African-American women die at 3 times the rate of any other race from labor and delivery complications. Improving the pregnancy and birth outcomes of African -American women continues to be a goal of A More Excellent Way Health and several collaborating agencies to assist the residents of Contra Costa County by promoting the importance of early and regular prenatal care, safety and community support to improve their pregnancy outcomes.

The event will be socially distanced and in compliance with all the CDC Covid-19 guidelines.

"A More Excellent Way Community Baby shower" will be held free of charge Saturday, August 29<sup>th</sup> , 2020. Zoom celebration from 10:00 to 12 p.m. and Shower Drive-thru Health Fair from 12 until 2 p.m. at the Pittsburg Health Center, 2311 Loveridge Road in Pittsburg. For more information, contact A More Excellent Way Health director, Monique Sims, at [Mngsims@gmail.com](mailto:Mngsims@gmail.com) or call (707) 319-7489.