

MINUTES  
REGULAR BOARD MEETING  
LOS MEDANOS COMMUNITY HEALTHCARE DISTRICT  
Monday, November 13, 2017  
6:30 p.m. – LMCHD Board Room

**1. CALL TO ORDER/ROLL CALL**

The meeting was called to order at 6:34 p.m.

Roll Call:

Present: Directors: Mason, Fountain, Strong, Cromartie

Absent: Directors: None

**2. PLEDGE OF ALLEGIANCE**

Acting Board President Cromartie led in the Pledge of Allegiance.

**3. ADJOURNMENT TO CLOSED SESSION relevant to G.C. Section 94956.8, pertaining to Real Property Negotiations, 2311 Loveridge Road, Pittsburg, CA 94565 – J. Vern Cromartie, Arthur Fountain – Negotiators**

This item was delayed pending the arrival of the legal representative.

**4. LMCHD MISSION: LMCHD identifies disparities in health care among District residents and contributes to solutions – LMCHD VISION: LMCHD is cultivating a community in which good health may flourish for all District residents – Director Linda Strong**

**5. PUBLIC COMMENTS – Non-Agenda Items (3 minutes/individual)**

There were no public comments.

**6. SPECIAL PRESENTATIONS – None**

**7. BOARD REORGANIZATION**

**8.1 Election of Board Officers**

Acting President Cromartie requested nominations for the office of President.

Director Strong nominated Director J. Vern Cromartie to serve as Board President until November 2018. Director Mason seconded the nomination. There being no additional nominations, the motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie

NOES: Directors: None

ABSENT: Directors: None

ABSTAIN: Directors: None

Director Fountain nominated Director Linda Strong to serve as Board Vice President until November 2018. Director Strong declined the nomination.

Director Strong nominated Director Art Fountain to serve as Vice President. Director Mason seconded the nomination. There being no additional nominations, the motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

Director Fountain nominated Director Linda Strong to serve as Board Treasurer until November 2018. Director Mason seconded the nomination. There being no additional nominations, the motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

Director Strong nominated Director Lee Mason to serve as Board Secretary until November 2018, Director Fountain seconded the nomination. There being no additional nominations, the motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

## 8. APPROVAL OF MINUTES

### 9.1 Regular Board Meeting of October 9, 2017 – Action #171101

A motion was made by Director Mason, seconded by Director Strong, to approve the minutes of October 9, 2017. The motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

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Resume previously delayed item – 6:45 p.m.

### 3. ADJOURNMENT TO CLOSED SESSION relevant to G.C. Section 94956.8, pertaining to Real Property Negotiations, 2311 Loveridge Road, Pittsburg, CA 945654 – *J. Vern Cromartie, Arthur Fountain - Negotiators*

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## 9. RECONVENE REGULAR BOARD MEETING

The Regular Board Meeting was reconvened at 7:14 p.m.

### 9.2 Minutes - Special Board Meeting of September 28, 2017 – Action #171102

A motion was made by Director Mason, seconded by Director Strong, to approve the minutes of the Special Meeting of September 29, 2017. Director Cromartie proposed that Item 3, Paragraph 1, be modified to state that “Director Cromartie stated he would not support the Resolution, based on a recommendation by LMCHD’s Legal

Counsel and due to timing in filing LMCHD's Municipal Services Review with the Local Agency Formation Commission(LAFCO). He further commented he believes submitting individual letters on behalf of Board Member Ogunleye would be a better method of support than the proposed resolution."

The makers of the motion and second approved the minutes as corrected. The vote was as follows:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

## 10. CONSENT CALENDAR

### 10.1 Approval of Financial Report – Action #171103

- Profit and Loss for July through September 2017
- Budget vs. Actual July through September 2017
- Balance Sheet as of September 2017
- Cash Disbursements – September 2017
- Credit Card Charges – September 2017

### 10.2 Review/Approve DPAC Good Health to Adult Forum on Wednesday, November 22, 2017, featuring Marcus Lorenzo Penn, MD, C.Y.T. – Action #171104

It was the consensus of the Board to remove Item 10.2 from the Consent Calendar.

A motion was made by Director Fountain, seconded by Director Mason, to accept the Consent Calendar as amended. The motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

### Item(s) Considered Separate from Consent Calendar

### 10.2 Review/Approve DPAC Good Health to Adult Forum on Wednesday, November 22, 2017, featuring Marcus Lorenzo Penn, MD, C.Y.T. – Action #171104

Director Cromartie requested that the Executive Director provide more information regarding this issue.

Executive Director Wilson explained that Dr. Penn has had considerable experience working with relaxation techniques and exercise programs, particularly for senior citizens. The proposed Forum will focus on such techniques as chair exercise and meditation. An allocation of \$800 from the DPAC Program budget is proposed to conduct this forum.

A motion was made by Director Strong, seconded by Director Mason, to approve this expenditure for this Good Health to Adult Forum. The motion was approved by the following vote:

AYES: Directors: Mason, Fountain, Strong, Cromartie  
NOES: Directors: None  
ABSENT: Directors: None  
ABSTAIN: Directors: None

## 11. EXECUTIVE DIRECTOR REPORT – *Godfrey Wilson*

- 11.1 Activity Report
- 11.2 Site Visits
- 11.3 Legislative Updates
- 11.4 Update Re: Federal Advocates

Executive Director Wilson discussed issues as outlined in his report, dated November 13, 2017.

Director Fountain requested that the issue of “branding,” discussed in the Executive Director’s report, be scheduled for discussion by the REAL Committee.

Also discussed was the issue of possible coordination and representation with the “Healthy and Livable Pittsburg Committee.” This issue was also recommended for discussion at the next REAL Committee.

The Executive Director was asked to follow up with the Executive Officer at LAFCO regarding a proposed date for responding to the LMCHD Municipal Services Review.

Additional issues discussed were: the Bay Point Partnership, East County Collaborative Steering Committee, and collaboration with the Contra Costa Director of Homelessness. The Executive Director stated he would continue involvement with these organizations and report progress to the Board.

The Executive Director reported regarding recent site visits and legislative updates.

He provided an update concerning Federal Advocates. He has provided to the Board examples of grants LMCHD might consider focusing on. One in particular would pertain to the District’s Eyeglasses Program. Members requested that a local representative attend an upcoming DPAC meeting to discuss potential grant opportunities.

## 12. ACTION ITEMS

- 12.1 Review/Approve Grants and Policy Committee recommendation for an amendment to the LMCHD Travel Policy to increase the daily meal allowance for meeting and conference travel – **Action #171106**

Members of the Board discussed the Staff Report pertaining to this issue.

A motion was made by Director Fountain, seconded by Director Strong, to approve the proposed revised Travel Policy. The Board President opened the matter for discussion.

Director Mason stated he is in agreement with the Accountant’s input as outlined in the Staff Report, and favored utilizing the federal per diem meal rate.

Director Fountain stated that when Board members attend meetings and conferences in high cost areas, the current allowance does not cover the cost of meals.

Board members discussed the inconsistency of language in the current policy that “the meal allowance should not exceed \$50 per travel day,” and favored an amendment to this section to state that “the amount paid will not exceed the federal per diem rate applicable for the location where the meal was purchased.”

The Executive Director pointed out that the amendment would include eliminating the specific per diem amounts outlined in the policy.

The Board President called for a vote on the motion, and it was approved by the following vote:

AYES: Directors: Fountain, Strong, Cromartie  
NOES: Directors: Mason  
ABSENT: Directors: None  
ABSTAIN: Directors: None

A Resolution will be presented for a vote at the next regular Board of Directors meeting.

### 13. BOARD REPORTS

#### 13.1 Board Member Reports

- Director Fountain – requested to have information sent to Board members re: an upcoming meeting by Federal Glover’s Office on “Racial Injustice.”
- Director Mason – reported that he and his wife will give a presentation in Orlando, Florida on gardening and nutrition entitled “Beyond School Hours.”

#### 13.2 Board President Report

- Report of Closed Session action or recommendation – The Board President reported there is no reportable action resulting from today’s Closed Session.
- Review/Discuss Board vacancy – Interviews will be scheduled at 6:30 p.m., on Monday, November 27, 2017, prior to the Finance Committee meeting.

### 14. COMMITTEE’S REPORTS/RECOMMENDATIONS/MINUTES

#### 14.1 Committee Minutes

- REAL Committee – October 14, 2017 – *Director Cromartie reported.*
- Community Garden – October 11, 2017 – *Director Mason reported. Master Gardener gave a presentation.*
- Finance Committee – September 28, 2017 – *Director Strong reported.*
- DPAC – October 3, 2017 – *Director Cromartie reported. Doug Helmick, Interim Fire Chief, and representative to CPR FAST, to be invited to DPAC Meeting on November 28, 2017. Good Health to Adults Forum scheduled for November 22, 2017. Presentation of plaque for Bills Ranch and Market to be scheduled for the December 11, 2017 Board Meeting.*
- Outreach Committee – October 3, 2017 – *Director Cromartie reported. Discussion re: planning re: outreach event (Health Fair) to collaborate with Souljahs. Consideration to include Unity and Community.*
- Grants and Policy Committee – September 21, 2017 – *Director Strong reported. Proposed Accident and Injury Policy to be considered at December 11 Board of Directors meeting.*

### 15. COMMUNICATIONS/ INFORMATION

### 16. ADJOURNMENT

There being no further matters to come before the Board, the Regular Meeting was adjourned at 8:35 p.m.

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Barbara Kee  
Recording Secretary

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Lee Mason  
Board Secretary