

**REPORTS**

**DISTRICT SPONSORED  
PROGRAMS**

LMCHD STUDENT EYEGLASSES PROGRAM

Dates: 10/1/2013- 5/23/2014

Schools	# of Referrals	\$ Totals Per School	Dates given Referral
Foothill	3	\$750.00	1/13/14, 1/16/14, 2/20/14
Heights		\$0.00	
Highlands		\$0.00	
Los Medanos	3	\$750.00	10/16/2013, 12/10/13
Marina Vista		\$0.00	
Parkside	6	\$1,500.00	10/3/13, 10/4/13, 11/4/13, 11/7/13, 2/25/2014, 5/8/2014
Stoneman	5	\$1,250.00	10/3/13, 10/9/13, 10/23/13, 1/14/14, 1/28/14
Willow Cove	2	\$500.00	11/4/13, 1/9/14
Hillview	1	\$250.00	2/21/2014
Martin Luther King	2	\$500.00	10/10/13, 2/6/2014
Rancho	2	\$500.00	11/22/2013, 12/10/13, 1/27/14
PHS	6	\$1,500.00	11/20/2013, 12/19/13, 1/16/14, 2/13/14, 3/20/2014
Black Diamond HS		\$0.00	
Entire Totals	30	\$7,500.00	

PUSD LMCHD EYEGASSES GRANT LIST

Number	Name of Student	Phone #	School	SPN speaking	Called	Given Paperwork	Date
1			MLK	Yes		X	10/10/13
2			Stoneman		X -10/1	X	10/3/13
3			Stoneman	Yes		X	10/23/13
4			Parkside		X- 10/1	X	10/4/13
5			Parkside		X- 10/1	X	10/3/13
6			Stoneman	Yes	X- 10/1	X	10/9/13
7			Willow Cove		X- 11-4	X	11/4/13
8			Parkside			X	10/4/13
9			Los Medanos			X	10/16/13
10			Parkside			X	11/7/13
11			PHS			X	11/20/13
12			Rancho			X	11/22/13
13			Los Medanos		X-11/21	X	12/10/13
14			Los Medanos			X	12/10/13
15			PHS			X	12/19/13
16			Willow Cove			X	01/09/14
17			Foothill			X	01/13/14
18			Stoneman			X	01/14/14
19			Foothill			X	01/16/14
20			PHS			X	01/16/14
21			Rancho			X	01/27/14
22			Stoneman			X	01/28/14
23			MLK			X	2/6/2014
24			PHS			X	2/13/2014
25			Foothill			X	2/20/2014
26			Hillview			X	2/21/2014
27			PHS			X	3/20/2014
28			Parkside			X	2/25/2014
29			PHS			X	4/10/2014
30			Parkside			X	5/8/2014
31							
32							
33							

**CPR FAST/PSTG**



## PUBLIC SAFETY TRAINING GROUP

03/08/2014

LMHCD Attn: Bobbi Palmer  
Los Medanos Community Healthcare District  
2311 Loveridge Road  
Pittsburg, CA 94565

Dear Mrs. Palmer,

We would like to take this opportunity to say thank you for allowing us to provide you and the Los Medanos Community Healthcare District with this proposal for services. This correspondence outlines the complete scope of work you requested, including objectives, identification of responsibilities, benefits and fees. If you have any questions or require clarification please do not hesitate to contact us.

### OBJECTIVE

Inspect and ensure that the (6) AED's placed by CPR FAST/PSTG prior to September 2013 are ready for service. For the remainder of this document Public Safety Training Group will be referred to as "PSTG."

The inspection will take up to two months with a starting date of 4/1/2014. As soon as the inspection of all 6 AED's have been completed (may be sooner than the two month time frame) PSTG will send LMCHD and invoice for the service that was completed.

### SCOPE OF SERVICES

Responsibilities of PSTG:

A. Visit each of the following 6 sites:

- Pittsburg City Hall (2 AED's)
- First Baptist Church
- Lions Blind Center of Diablo Valley
- Riverview Middle School (3 AED's)
- Contra Costa County Library-Pittsburg
- Contra Costa County Library -Bay Point

144 Contiente Ave. Suite 130

Brentwood Ca. 94513

Office (925)240-5225 Fax (925)240-5256

[pstgonline.com](http://pstgonline.com)



## **PUBLIC SAFETY TRAINING GROUP**

- B. Ensure that each AED is fully operational, including checking expiration dates on:
  - Pads
  - Batteries
- C. Ensure medical direction is up to date.
- D. Ensure the unit is placed in accordance with the site plan as to be readily visible and accessible.
- E. Photograph each AED and submit each photo to the Board.

### **Benefits**

By inspecting the AED's that have been placed in service over the last few years we can ensure that all units are fully functional, easily accessible and ready for service, which will in turn help meet the Districts goal of "Advancing solutions to health disparities."

### **Fees**

PSTG will charge a fee of \$100.00 per site. There will be no additional charge for sites that have multiple AED's.



# PUBLIC SAFETY TRAINING GROUP

## CLOSING

Thank you again for your patience with this process, we hope to be able to serve you now and into the future. If this proposal is acceptable to you please sign one copy and return it to:

Public Safety Training Group  
144 Contiente Ave. Suite 130, Brentwood, Ca. 94513

MD                      3-17-14

Michael Dunham                      Date  
Public Safety Training Group / CPR FAST

Bobbi Palmer 3/10/14

Bobbi Palmer                      Date  
Executive Director

STAND



From: Emma Jones <[emmaj@standffov.org](mailto:emmaj@standffov.org)>  
Date: March 27, 2014 at 11:33:38 AM PDT  
To: Bobbi Palmer <[bpalmerlmchd@aol.com](mailto:bpalmerlmchd@aol.com)>  
Cc: Sharon Turner <[sharont@standffov.org](mailto:sharont@standffov.org)>, Rebekah Truemper <[rebekaht@standffov.org](mailto:rebekaht@standffov.org)>  
Subject: RE: Thank You

Hi Bobbi,

Attached is our first attempt at costing out a program that would serve the entire seventh grade at Hillview (300 students). This is based on our actual costs under an existing contract that serves approximately the same number of students.

I think we will need to talk this over with LMCHD and also Principal Molina before we really know what will be possible. Sharon and I were thinking we could have a chat with you starting from the attached document and see where it leads (as we do not currently know the size of LMCHD's budget). What do you think?

Best,

Emma Jones, PhD  
Grants Officer  
STAND! For Families Free of Violence  
1410 Danzig Plaza  
Office: (925) 603-0105  
Crisis Line (888) 215-5555

Join STAND! on the red carpet! Reserve your seats at STAND!'s annual Academy Awards Benefit, Sunday, March 2, 4:30-10pm.

From: Bobbi Palmer [<mailto:bpalmerlmchd@aol.com>]  
Sent: Thursday, March 27, 2014 11:29 AM  
To: Emma Jones  
Cc: Sharon Turner; [rejoisfraziermyers@yahoo.com](mailto:rejoisfraziermyers@yahoo.com);  
[Rfraziermyers@pittsburg.k12.ca.us](mailto:Rfraziermyers@pittsburg.k12.ca.us); [jaragon@pittsburg.K12.ca.us](mailto:jaragon@pittsburg.K12.ca.us); Rita Flores;  
Rebekah Truemper  
Subject: Re: Thank You

Excellent! Can we quantify the cost of the pilot at this point. Or do we need additional information?

Thanks,  
Bobbi

Sent from my iPhone

On Mar 27, 2014, at 11:25 AM, Emma Jones <[emmaj@standffov.org](mailto:emmaj@standffov.org)> wrote:

Hello All,

Please find attached a document that we hope will assist Joanna and Dr. Frazier-Myers in presenting this information to Principal Molina. You can also refer to the program descriptions contained in the packets we distributed at our meeting.

Please take a look and let us know if you have any questions prior to that discussion.

Bobbi, I will send you another document that sets out our rough estimate of what it would cost to provide services for the entire seventh grade (300 students), with separate groups for boys and girls, as discussed.

Thanks everyone!

Emma Jones, PhD  
Grants Officer  
STAND! For Families Free of Violence  
1410 Danzig Plaza  
Office: (925) 603-0105  
Crisis Line (888) 215-5555

<image001.png>

Join STAND! on the red carpet! Reserve your seats at STAND!'s annual Academy Awards Benefit, Sunday, March 2, 4:30-10pm.

<image002.png> <image003.png> <image004.png>

From: Bobbi Palmer [<mailto:bpalmerlmchd@aol.com>]  
Sent: Tuesday, March 25, 2014 8:20 PM  
To: Sharon Turner  
Cc: [rejoisfraziermyers@yahoo.com](mailto:rejoisfraziermyers@yahoo.com); [Rfraziermyers@pittsburg.k12.ca.us](mailto:Rfraziermyers@pittsburg.k12.ca.us); [jaragon@pittsburg.K12.ca.us](mailto:jaragon@pittsburg.K12.ca.us); Emma Jones; Rita Flores  
Subject: Re: Thank You

Good evening all,  
Yes, this represents what we discussed.

Looking forward to continuing the conversation.

Bobbi

Sent from my iPhone

On Mar 24, 2014, at 12:48 PM, Sharon Turner  
<[sharont@standffov.org](mailto:sharont@standffov.org)> wrote:

Dear Bobbi, Dr. Frazier-Myers, and Joanna,  
It was a honor to meet with all of you last Thursday about a partnership between STAND!, Pittsburg Unified School District, and Los Medanos Community Healthcare District. I look forward to a vibrant and fulfilling collaboration.

Emma and I remembered that we had some agreements coming out of the meeting and I wanted to see if these agreements are what you remembered. We considered the entire grade seventh grade (300) working with approximately half the students in the first part of the school year and the remaining during the second part of the school year. (Is this correct?)

- 1) STAND! will draft talking points about the program and send to Rejois and Joanna no later than Thursday of this week.
- 2) STAND! will send a program description to Rejois and Joanna no later than Thursday of this week.
- 3) STAND! will send projected program costs to Bobbi no later than Thursday of this week.
- 4) Joanna or Rejois's assistant will send a bell schedule to Emma early this week. (what is the most expedient way to get a copy of the bell schedule?)
- 5) A follow up conversation/meeting with Principal Molina may need to take place at Hillview to answer any questions.

Again, thank you for a great meeting and please don't hesitate to contact Emma, Rita or myself with any other questions.

Warm regards,  
On behalf of STAND!  
Sharon

*Sharon Turner, Regional Director  
STAND! for Families Free of Violence  
1410 Danzig Plaza  
Concord, CA 94520  
925-603-0197 (office)  
1-888-215-5555 (crisis line)  
[sharont@standffov.org](mailto:sharont@standffov.org); [www.standffov.org](http://www.standffov.org)*

**STAND! FOR FAMILIES FREE OF VIOLENCE**  
**Estimated Costs for PGR and ER groups for the seventh grade class at Hillview Junior High**

<b>A. PERSONNEL</b>					
Name/Position	SALARY	FTE		COST	TOTALS
Prevention Manager (Rita Flores)	\$53,222[1]	0.30[2]	6,564	6,761	\$15,966.60
Community Education Coordinators (Group leaders - TBD)	\$37,523[3]	2.00	9,906	10,203	\$75,046.00
Database Administrator (Natalie Kent)	\$44,720	0.05			\$2,236.00
Prevention Director (Sharon Turner)	\$81,298[4]	0.15[5]			\$12,194.70
			<b>TOTAL WAGE EXPENSES</b>		<b>\$105,443.30</b>
			<b>FRINGE BENEFITS (18%)</b>		<b>\$18,979.79</b>
			<b>TOTAL PERSONNEL</b>		<b>\$124,423.09</b>
<b>B. OPERATING COSTS</b>					
Line Item	COST				TOTALS
Dues, Fees, & Subscriptions	\$1,376.00				
Communications	\$1,116.00				
Office Rent	\$2,136.00				
Training	\$1,936.00				
Travel - Mileage	\$3,134.00				
Program Supplies	\$2,900.00				
Office Supplies/Postage	\$1,676.00				
Youth Incentives/Stipend	\$3,000.00				
School District costs for Substitute Teachers (estimated at \$300/week)	\$6,000.00				



# WORK PLANS

ADDITIONAL INFORMATION –  
PITTSBURG SWIM ACADEMY

### **AWARDS CERTIFICATES**

Please review the draft copy of the Swim Participants Certificate of Completion. We can add or delete information as per your recommendation.

### **CERTIFYING LIFEGUARDS**

Certifying more lifeguard – The Buchanan Swim Center pool manager is certified with the American Red Cross as a *Certified Lifeguard Instructor*. As part of this summer's pool curriculum, we will be adding a Junior Lifeguard Training Program to our summer schedule. Our manager will be certifying newly hired lifeguards who are not current with their certification.

### **MEASURING BMT**

In regards to measuring the participating children's BMI, the standard swim lesson session is Monday through Thursday for two (2) week sessions that vary in length from 30 to 45 minutes depending on age. This amount of activity may not be enough to alter the student's BMI without outside controls such as caloric intake. The primary objective of this program is the increased comfort and safety around water, increased desire to swim for fun and the increased desire to exercise through aquatic activities, which has proven to be one of the most comprehensive forms of exercise (i.e., muscle development and cardio vascular strengthening.) If weighing the participants is a condition of funding for the program, we will make arrangements to do so.

### **ETHNICITY OF PARTICIPANTS**

As per the attached pie chart, it is the city's objective to have a balanced representation of participants that reflects the City of Pittsburg's and Bay Point's population.

### **BOARD'S VISIT TO POOL**

Once the swim lesson program begins on June 17<sup>th</sup>, the Board is encouraged to visit the swim center to observe the instructional activity.

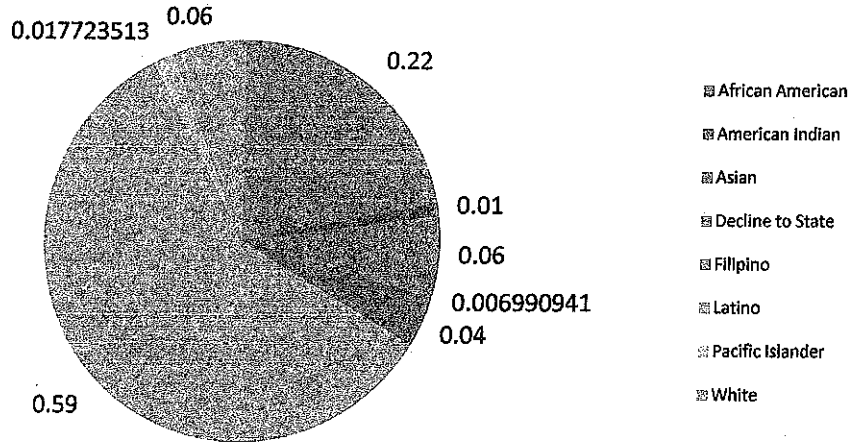
### **EXPANDED LESSONS PROGRAM**

As stated at the committee meeting of April 28<sup>th</sup>, we are excited to offer evening classes for this year's summer program (June 17 through Aug. 9) and into late September. This will provide the opportunity to offer additional swim lesson opportunities to the youth of Pittsburg and Bay Point. This is the first time that the City has offered evening lessons and the rate of success is largely unknown. Our objective is to increase the number of

swim lesson participants by a minimum of 35% with the addition of the evening classes. Of the appropriated funding by LMCHD, it is anticipated that approximately 70% will have been utilized by the end of the summer program, August 8, 2014. The remaining funds will support the program through the end of September 2014.



### 2013 - 2014 PUSD:: Ethnicity

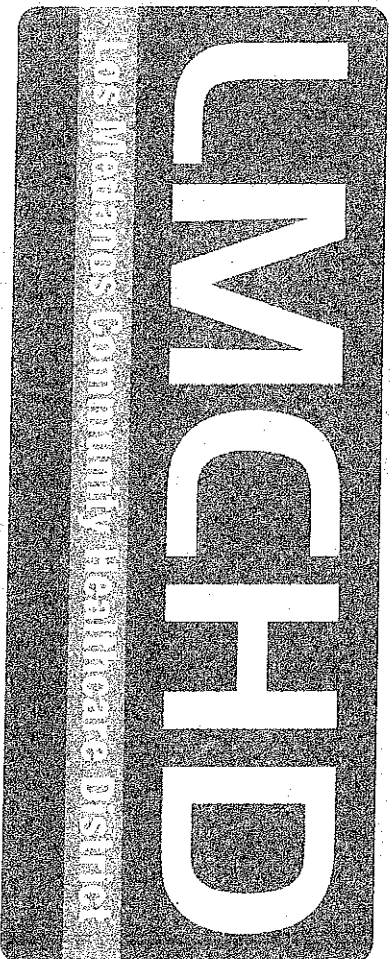


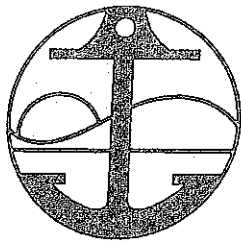
**SWIM LESSONS**

**Certificate of Completion**

**AWARDED TO:**

*Swim Lessons  
Sponsored by*





Agenda Item 8

City of Pittsburg  
65 Civic Avenue  
Pittsburg, California 94565

RECEIVED  
APR 01 2014  
*BY*

April 1, 2014

Bobbi Palmer, Executive Director  
Los Medanos Community Healthcare District  
P.O. Box 8698  
Pittsburg, CA. 94565

Dear Ms. Palmer:

Please find attached the proposed Workplan supporting the Pittsburg Swim Academy for fiscal year 2014-2015. The Cities of Pittsburg and Bay Point are grateful for your financial assistance that has provided swim instruction and exercise to the children of our communities and look forward to a continued partnership.

Sincerely,

*Don Buchanan*

Don Buchanan  
Director of Recreation  
and Maintenance Services  
City of Pittsburg  
(925) 252-4014





## District Program and Activities Committee (DPAC)

*Purpose: Monitors LMCHD directly sponsored programs, partnerships, and activities.*

### **LMCHD Strategic Goals:**

- Goal One.** LMCHD will improve availability of and access to direct health and mental health services for all residents of the District, with a focus on reducing the District's health disparities.
- Goal Two.** LMCHD will support preventative and public health efforts that promote and protect the personal, community, and environmental well-being and health of District residents.
- Goal Three.** LMCHD will engage in population-specific efforts to address those District residents that are historically underserved or particularly impacted by health disparities.
- Goal Four.** LMCHD will support research and educational programming that moves the Los Medanos community towards improved and innovative practices, ensures that healthcare professionals receive the best training, and further enhances service delivery to District residents.

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**Instructions:** Please fill out the following Workplan in full and provide a paper AND electronic copy to: (1) Executive Director, Los Medanos Community Healthcare District, P.O. Box 8698, Pittsburg, CA 94565-8698; and (2) bpalmerlmchd@aol.com.

### **Suggested Coordinator:**<sup>1</sup>

Don Buchanan

### **Sponsoring public or governmental entity:**

City of Pittsburg

### **Project Title:**

Pittsburg Swim Academy

## **Project Description**

The City of Pittsburg is seeking cash assistance in the amount of \$30,900 to fund a program of no-cost swim lessons for up to 200 children at Sullenberger Swim Center, Buchanan Park in Pittsburg. The program is designed to benefit children ages 5 to 14 who are at risk for obesity through the introduction of a low-impact aerobic activity, and training in basic water safety skills. The total cost of the program is \$50,900, and includes a \$20,000 investment from the City of Pittsburg (applicant).

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<sup>1</sup> The coordinator will be responsible for overseeing the day-to-day activities of the program or activity in question and to ensure that all expenditures are aligned with this workplan and the LMCHD's strategic goals. The coordinator will also be responsible for presenting quarterly reports to the District Programs and Activities Committee (DPAC) and for presenting expenses exceeding an amount to be determined to the DPAC for approval.

*The purpose of the project:*

The purpose of the Pittsburgh Swim Academy program is to introduce children ages 5 to 14 that are overweight or at risk for obesity to swimming by offering free swim lessons. This population is considered at risk and would benefit greatly by having a local swim program with either a low cost or no cost option.

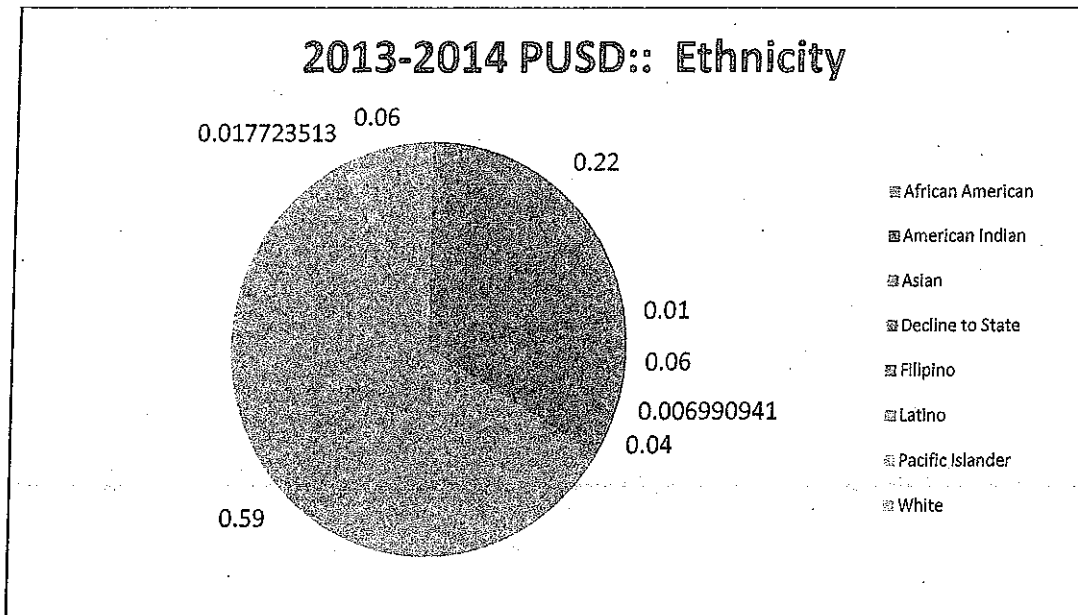
*Detailed description of the project:*

**Statement of Need and Population Affected**

According to a national research study in commissioned by the USA Swimming Foundation<sup>1</sup>, nine people drown every day in the United States. Drowning is the second leading cause of accidental death in the United States among children under 14, and the leading cause of accidental death for children 5 and under. In ethnically diverse communities<sup>11</sup>, the youth drowning rate is two to three times higher than the national average. In addition, nearly 6 of every 10 African American and Hispanic/Latino children are unable to swim, nearly twice as many as their Caucasian counterparts. According to the study, while about 1/3 of white children from non-swimming families go on to learn to swim, less than 1/10 of children in non-swimming African American families do. Teaching these children can break a cycle and create generations of parents-to-be who know how to swim.

Formal swimming lessons can protect young children from drowning by teaching them not to be afraid of the water. According to the US Centers for Disease Control and Prevention (CDC), participation in formal swimming lessons can reduce the risk of drowning by 88% among children aged 1 to 4 years.

The chart below represents the Ethnic makeup for the student population of the Pittsburgh Unified School District. The Latino student population is first at 59%. The African American student population is second at 22%.



## **Overweight Children (Ages 5-14)**

The Center for Disease Control states that obesity is defined as excess body fat. Doctors and scientists are concerned about the rise of obesity in children and teens because obesity may lead to heart disease, Type 2 diabetes, asthma, sleep apnea and social discrimination.

According to the Childhood Obesity Task Force, obese children may experience immediate health consequences which can lead to weight-related health problems in adulthood. Obese children and teens have been found to have risk factors for cardiovascular disease (CVD), including high cholesterol levels, high blood pressure, and abnormal glucose tolerance. In a sample of 5-to 17-year-olds, almost 60% of overweight children had at least one CVD risk factor and 25% of overweight children had two or more CVD risk factors. In addition, studies have shown that obese children and teens are more likely to become obese as adults.

In addition to suffering from poor physical health, overweight and obese children can often be targets of early social discrimination. The psychological stress of social stigmatization can cause low self-esteem which, in turn, can hinder academic and social functioning, and persist into adulthood.

Increasing physical activity through swimming is one way to prevent childhood obesity. Researchers studied the physical activity of 133 children over a three week period using an accelerometer to measure each child's level of physical activity. They discovered the obese children were 35% less active on school days and 65% less active on weekends compared to non-obese children.

Physical inactivity as a child could result in physical inactivity as an adult. In a fitness survey of 6,000 adults, researchers discovered that 25% of those who were considered active at ages 14 to 19 were also active adults, compared to 2% of those who were inactive at ages 14 to 19, who were now said to be active adults.<sup>[33]</sup> Staying physically inactive leaves unused energy in the body, most of which is stored as fat. Researchers studied 16 men over a 14 day period and fed them 50% more of their energy required every day through fats and carbohydrates. They discovered that carbohydrate overfeeding produced 75-85% excess energy being stored as body fat and fat overfeeding produced 90-95% storage of excess energy as body fat.

### **Project Details**

The project will conduct 10 weeks of free swim lessons for children between the ages of 4 and 15. Classes will run Mondays through Thursdays for two weeks per session, and will vary in length from 30 minutes to 45 minutes depending on the age of the students. Beginning swimmers will be taught in classes with a ratio of no more than four students to one instructor. Intermediate swimmers will be taught in classes with up to eight students per instructor. Three classes will be taught each day.

The project's goal is to enroll 200 children who are residents of the District and who are at risk for obesity.

## **Financial Plan for the Project**

The current total budget of the applicant, the City of Pittsburg, is \$30 million. The current economic downturn has hit the City hard: the City's revenue from sales and property taxes have fallen \$4.6 million since 2008, and its costs have increased. As the City seeks alternative sources for revenues, it has been forced to reduce its workforce by 22 percent and sharply reduce or eliminate many programs, including aquatic programs for children. The City has identified \$20,000 to operate its public pool, including payment of utilities, pool chemicals, and maintenance costs. However, there is not sufficient budget for recreational programs to reach underserved populations, such as children at risk for obesity, to teach them to swim. The City is requesting the grant to fund the swim instruction, leveraging City funds that will keep the pool open and available for children to practice their new swimming skills during Open Swim sessions after classes have ended.

## **Evaluation of the Project**

Children enrolling in the program will be given pre-program surveys of their skills and comfort around water, including their knowledge of basic water safety. Parents will be asked to complete a short survey regarding how they heard about the program, what their goals are for their children in learning swim skills and water safety, and whether they have concerns that their child is overweight. Attendance at class will be compared to the overall registration data. Parents will be given a brief survey at the end of the two-week class session to obtain input on changes they have seen in their child: increased comfort around water, increased desire to swim for fun, respect for the being safe in and around water, increased desire to exercise. School age children will be asked to complete a post-course evaluation to obtain similar information about their changed attitudes and skills in the water. This data will be gathered at the end of the project (approximately late September 2012) and used as the basis for an evaluation of the success of the project, identifying areas for improvement, and recommendations for modifications to the project if it is to be replicated in the future.

*Projected duration of the project: 5/1 /2014 to 9/15/2014*

*Number of people in District who will be served:*

African American population – 125

Overweight Children - 75

*How this project relates to the District's strategic goals, set forth above:*

This project relates to the District's funding priorities and strategic goals in two of the four categories 1) *preventative and public health efforts that promote and protect the personal, community, and environmental well-being and health of District residents, and 2) population-specific efforts to address those District residents that are historically underserved or particularly impacted by health disparities.*

**Program Actions and Timeline**

Action Item	Responsible Party	Time Frame: _/_/_ to _/_/_	District Staff Activity (if applicable)
Schedule course dates, times	City Recreation Supervisor	5/1/2014 to 6/1/2014	N/A
Public Outreach Program	City Recreation staff	5/1/2014 to 6/1/2014	N/A
Hire 3 aquatic program instructors, 5 lifeguards	City Recreation Supervisor	5/1/2014 to 6/1/2014	N/A
Conduct Red Cross Certification for Life Guards	Red Cross	5/1/14 to 6/1/14	N/A
Course Registration	City Recreation staff	6/1/14 to 7/30/14	N/A
Purchase materials, equipment needed for course	City Recreation staff	5/1/2014 to 6/1/2014	N/A
Begin Classes	City Recreation staff	6/11/14	N/A
Monitor class attendance, rate of completion, score pre- and post-course surveys of safe water skills	City Recreation Supervisor, office assistant	6/11/14 to 8/17/14	N/A
Evaluate Program's successes, Identify areas for improvement	City Recreation Supervisor, instructors, staff	6/11/14 to 9/1/14	District staff to assist in evaluation of data from participants

**Program Budget and Expenses**

(Please include documentation of all projected expenses)

**Total Annual Budget Amount: \$50,900 Grant request Amount: \$30,900**

Program Item/Expense	Category of Expense	Projected Date or Time Frame of Expense:	Expense Amount
Course Instructors (3)	Personnel	June-August 2014	4,800.00
Lifeguards (5) during class times	Personnel	June-August 2014	10,000.00
Course Administration and Evaluation (part-time office assistant)	Personnel	May-September 2014	9,600.00
Staff Water Safety Certification (5)	Personnel Training	May- early June 2014	2,000.00



Course Equipment (flotation devices, instructional aids, shepherds poles for swimmer safety)	Equipment	May-June 2014	2,500.00
Course Materials (informational flyers, survey and class materials, office supplies)	Materials	May- June 2014	1,000.00
Course Marketing (flyers, banners, postage)	Materials	May - June 2014	1,000.00
Pool Maintenance Cost	(Applicant Match)	June-September 2014	20,000.00
		Total: (should equal the total budget amount)	\$50,900.00

**Bids/RFP's (If applicable):**

N/A

**What other resources/in-kind donations have you leveraged/will you be leveraging for this project?**

The City of Pittsburg will dedicate \$20,000 from its General Fund and other local funding sources to support aquatics programming at the Sullenberger Swim Center, including maintenance of the pool and its associated facilities, payment of utilities and pool chemical costs, and in-kind supervision of program staff by qualified City personnel. This funding will make possible several hours of Open Swim time each week, enabling course participants to practice their new skills. The City will also continue its ongoing efforts to raise funds to expand and operate aquatic programs through its non-profit organization, the Pittsburg Arts and Community Foundation (PACF).

**Project Contact Information:**

Contact: Don Buchanan  
Contact Address: 65 Civic Avenue  
Email: dbuchanan@ci.pittsburg.ca.us  
Telephone: (925) 252-4014

**For staff use only:**

This Workplan was originally reviewed and recommended by DPAC on: \_\_\_/\_\_\_/\_\_\_

This Workplan was originally approved at the District Board Meeting on: \_\_\_/\_\_\_/\_\_\_

Annual Budget for the Workplan approved by the District Board: \$ \_\_\_\_\_

Date that the First Quarterly Report is due to DPAC: \_\_\_/\_\_\_/\_\_\_

Has the project sponsor agreed to include District sponsorship information on all of its publicity materials? \_\_\_\_\_

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1. The USA Swimming Foundation commissioned a national research study as a part of its national Make a Splash anti-drowning initiative. The survey was conducted by the University of Memphis. 1,772 children ages six to 16 years old were surveyed in six U.S. metropolitan area in 2008; Chicago, Houston, Memphis, Oakland and Philadelphia.
  2. The Constraints Impacting Minority Swimming Participation, Phase II study was conducted by the University of Memphis between February 1, 2010 and May 26, 2010 and surveyed more than 2,000 children and parents in six cities across the U.S, including Atlanta, Boston, Denver, Memphis, Minneapolis and San Diego.